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## Team Building Module with Insights Discovery

For the purpose of effective facilitation and team alignment, Auxano utilizes Insights Discovery, an in-depth personality preference assessment. This assessment includes an 18-page individual report for each of the participating team members that facilitates a deep understanding of how each team member's personality influences his or her approach to life, work, and others on the team. In addition to self-discovery, this module will help you develop your interpersonal skills, improve your communication, and cultivate better relationships.

### Insights Discovery Assessments are:

- **Insightful:** Takes you places you never expected
- **Shared:** Practical language that shapes a conscious culture geared for teamwork
- **Positive:** Supportive, engaging approach that empowers people to change
- **Simple:** Easy to understand so everyone can apply what they learn
- **Fun:** Memorable color energy system that really sticks

The online Insights Discovery assessment is NOT a test! It measures your preferences in response to 25 questions. It should take about 20 minutes to complete.

### To take the assessment:

- Log on: <https://online.insights.com/evaluator/auxano>
- Click "Take Me to the Insights Online Evaluator"
- Enter the requested information, click "Next," and proceed
- Your referral code is: **FirstWest**

We look forward to walking with you through this journey of self-discovery, through which we can increase personal effectiveness, break down barriers and align people for growth.